

### Montag , 16.09

<b>09:00 - 09:45</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jordane	<b>12:00 - 12:45</b> <i>Pump</i> Martina	<b>18:15 - 19:00</b> <i>Core Training</i> Carlos	<b>19:15 - 20:10</b> <i>Fitboxe</i> Jaison
---	--	--	--

### Dienstag , 17.09

<b>09:00 - 09:55</b> <i>Yoga</i> Natalia	<b>12:00 - 12:50</b> <i>Cycling</i> Carlos	<b>18:15 - 19:10</b> <i>Pump</i> Coralie	<b>19:15 - 20:10</b> <i>Zumba</i> Jeanne-Fleur
--	--	--	--

### Mittwoch , 18.09

<b>09:00 - 09:55</b> <i>Pilates</i> Natalia	<b>12:00 - 12:45</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jordane	<b>18:15 - 19:10</b> <i>Urban Dance</i> Florence	<b>19:15 - 20:10</b> <i>Cycling</i> Carlos
---	---	--	--

### Donnerstag , 19.09

<b>09:00 - 09:55</b> <i>Full Body Workout</i> Carlos	<b>12:00 - 12:45</b> <i>Mobility</i> Svetlana	<b>18:15 - 19:10</b> <i>Cycling</i> Jordane
--	---	---

### Freitag , 20.09

<b>09:00 - 09:55</b> <i>Yoga</i> Natalia	<b>12:00 - 12:45</b> <i>Core Training</i> Carlos	<b>18:00 - 18:45</b> <i>Pump</i> Carlos
--	--	---

### Samstag , 21.09

### Sonntag , 22.09

<b>09:30 - 10:30</b> <i>Pump</i> Jordane
--