

Montag , 26.08

09:00 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Jordane

18:15 - 19:00

Core Training
Carlos

Dienstag , 27.08

09:00 - 09:55

Yoga
Natalia

18:15 - 19:10

Pump
Coralie

19:15 - 20:10

Zumba
Jeanne-Fleur

Mittwoch , 28.08

09:00 - 09:55

Pilates
Natalia

18:15 - 19:10

Urban Dance
Florence

19:15 - 20:10

Cycling
Carlos

Donnerstag , 29.08

Freitag , 30.08

09:00 - 09:55

Yoga
Natalia

18:00 - 18:45

Pump
Carlos

Samstag , 31.08

Sonntag , 01.09

09:30 - 10:30

Pump
Carlos