

Montag , 12.08

09:00 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Jordane

18:15 - 19:00

Core Training
Jordane

Dienstag , 13.08

09:00 - 09:55

Yoga
Natalia

18:15 - 19:10

Pump
Coralie

Mittwoch , 14.08

09:00 - 09:55

Pilates
Natalia

18:15 - 19:10

Urban Dance
Florence

19:15 - 20:10

Cycling
Jordane

Donnerstag , 15.08

Freitag , 16.08

09:00 - 09:55

Yoga
Natalia

18:00 - 18:45

Pump
Coralie

Samstag , 17.08

Sonntag , 18.08