

Montag , 29.07

09:00 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Carlos

18:15 - 19:00

Core Training
Carlos

Dienstag , 30.07

09:00 - 09:55

Yoga
Natalia

18:15 - 19:10

Pump
Coralie

Mittwoch , 31.07

09:00 - 09:55

Pilates
Natalia

18:15 - 19:10

Urban Dance
Florence

19:15 - 20:10

Cycling
Carlos

Donnerstag , 01.08

Freitag , 02.08

09:00 - 09:55

Yoga
Natalia

18:00 - 18:45

Pump
Carlos

Samstag , 03.08

Sonntag , 04.08