

Montag , 15.07

09:00 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Carlos

18:15 - 19:00

Core Training
Carlos

Dienstag , 16.07

09:00 - 09:55

Yoga
Natalia

18:15 - 19:10

Pump
Carlos

19:15 - 20:10

Zumba
Jeanne-Fleur

Mittwoch , 17.07

09:00 - 09:55

Pilates
Natalia

18:15 - 19:10

Urban Dance
Florence

19:15 - 20:10

Cycling
Carlos

Donnerstag , 18.07

Freitag , 19.07

09:00 - 09:55

Yoga
Natalia

18:00 - 18:45

Pump
Carlos

Samstag , 20.07

Sonntag , 21.07

09:30 - 10:15

Pump
Jordane