

Montag , 08.07

09:00 - 09:45

*BBP (Bauch, Beine, Po) /
Bodytone*
Jordane

18:15 - 19:00

Core Training
Carlos

Dienstag , 09.07

09:00 - 09:55

Yoga
Natalia

18:15 - 19:10

Pump
Coralie

19:15 - 20:10

Zumba
Jeanne-Fleur

Mittwoch , 10.07

09:00 - 09:55

Pilates
Natalia

18:15 - 19:10

Urban Dance
Florence

19:15 - 20:10

Cycling
Carlos

Donnerstag , 11.07

Freitag , 12.07

09:00 - 09:55

Yoga
Natalia

18:00 - 18:45

Pump
Carlos

Samstag , 13.07

Sonntag , 14.07