

Montag , 31.03

18:30 - 19:00

Total Body
Team

Dienstag , 01.04

09:00 - 09:30

Abdos
Team

Mittwoch , 02.04

18:30 - 19:00

Cardio
Team

Donnerstag , 03.04

18:30 - 19:00

Total Body
Team

Freitag , 04.04

09:00 - 09:30

Abdos
Team

18:30 - 19:00

Abdos
Team

Samstag , 05.04

Sonntag , 06.04