

Montag , 10.03

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*

Angela

Dienstag , 11.03

18:00 - 18:25

Functional Workout

Marina

18:30 - 19:25

TRX

Marina

Mittwoch , 12.03

17:30 - 18:25

Fighttime 55'

Jeniffer

18:30 - 19:25

Power Yoga

Yinny

Donnerstag , 13.03

18:00 - 18:55

TRX

Janine

Freitag , 14.03

09:00 - 09:55

Power Yoga

Yinny

10:00 - 10:25

Simply Core

Yinny

17:45 - 18:40

Pump

Renate

Samstag , 15.03

Sonntag , 16.03

10:00 - 10:55

Pilates

Cynthia

11:00 - 11:55

Fighttime 55'

Jeniffer