

**Montag , 06.01**

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Cynthia

**19:10 - 20:05**

*Zumba*  
Karin

**Dienstag , 07.01**

**18:00 - 18:25**

*Functional Workout*  
Marina

**18:30 - 19:25**

*TRX*  
Marina

**Mittwoch , 08.01**

**17:30 - 18:25**

*Fighttime 55'*  
Jeniffer

**18:30 - 19:25**

*Pilates*  
Cynthia

**Donnerstag , 09.01**

**18:00 - 18:55**

*TRX*  
Janine

**19:10 - 20:05**

*Zumba*  
Karin

**Freitag , 10.01**

**09:00 - 09:55**

*Pilates*  
Karin

**10:00 - 10:25**

*Simply Core*  
Yinny

**Samstag , 11.01**

**Sonntag , 12.01**

**10:00 - 10:55**

*Zumba*  
Karin