

**Montag , 23.12**

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Angela

**19:10 - 20:05**

*Zumba*  
Karin

**Dienstag , 24.12**

**18:00 - 18:25**

*Functional Workout*  
Marina

**18:30 - 19:25**

*TRX*  
Marina

**Mittwoch , 25.12**

**18:30 - 19:25**

*Power Yoga*  
Yinny

**Donnerstag , 26.12**

**18:00 - 18:55**

*TRX*  
Janine

**19:10 - 20:05**

*Zumba*  
Karin

**Freitag , 27.12**

**09:00 - 09:55**

*Power Yoga*  
Yinny

**10:00 - 10:25**

*Simply Core*  
Yinny

**Samstag , 28.12**

**Sonntag , 29.12**

**10:00 - 10:55**

*TRX*  
Marina