

Montag , 25.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Dienstag , 26.11

18:00 - 18:25

Functional Workout
Janine

18:30 - 19:25

TRX
Janine

Mittwoch , 27.11

17:30 - 18:25

Fighttime 55'
Jeniffer

18:30 - 19:25

Power Yoga
Yinny

Donnerstag , 28.11

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Aurora

Freitag , 29.11

09:00 - 09:55

Power Yoga
Yinny

10:00 - 10:25

Simply Core
Yinny

Samstag , 30.11

Sonntag , 01.12

10:00 - 10:55

TRX
Janine