

Montag , 11.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Dienstag , 12.11

18:00 - 18:25

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mittwoch , 13.11

17:30 - 18:25

Fighttime 55'
Jeniffer

18:30 - 19:25

Power Yoga
Yinny

Donnerstag , 14.11

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Freitag , 15.11

09:00 - 09:55

Power Yoga
Yinny

10:00 - 10:25

Simply Core
Yinny

Samstag , 16.11

Sonntag , 17.11

10:00 - 10:55

Functional Workout
Cynthia