

Montag , 28.10

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Dienstag , 29.10

18:00 - 18:25

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mittwoch , 30.10

17:50 - 18:45

Pilates
Karin

Donnerstag , 31.10

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Freitag , 01.11

09:00 - 09:55

Power Yoga
Yinny

10:00 - 10:25

Simply Core
Yinny

Samstag , 02.11

Sonntag , 03.11

10:00 - 10:55

Fighttime 55'
Jeniffer