

### Montag , 21.10

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Angela

**19:10 - 20:05**

*Zumba*  
Karin

### Dienstag , 22.10

**18:00 - 18:25**

*Functional Workout*  
Marina

**18:30 - 19:25**

*TRX*  
Marina

### Mittwoch , 23.10

**17:50 - 18:45**

*Power Yoga*  
Yinny

### Donnerstag , 24.10

**18:00 - 18:55**

*TRX*  
Janine

**19:10 - 20:05**

*Zumba*  
Karin

### Freitag , 25.10

**09:00 - 09:55**

*Power Yoga*  
Yinny

### Samstag , 26.10

### Sonntag , 27.10

**10:00 - 10:55**

*Functional Workout*  
Marina