

Montag , 14.10

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Dienstag , 15.10

18:00 - 18:25

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mittwoch , 16.10

17:50 - 18:45

Power Yoga
Yinny

Donnerstag , 17.10

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Freitag , 18.10

09:00 - 09:55

Power Yoga
Yinny

Samstag , 19.10

Sonntag , 20.10

10:00 - 10:55

Zumba
Karin