

Montag , 05.08

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Dienstag , 06.08

18:00 - 18:25

Functional Workout
Janine

18:30 - 19:25

TRX
Janine

Mittwoch , 07.08

17:50 - 18:45

Pilates
Roland

Donnerstag , 08.08

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Freitag , 09.08

Samstag , 10.08

Sonntag , 11.08

10:00 - 10:55

Functional Workout
Marina