

Montag , 13.05

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Dienstag , 14.05

17:50 - 18:20

P.I.I.T
Renate

18:30 - 19:25

TRX
Cornelia

Mittwoch , 15.05

17:50 - 18:45

Power Yoga
Yinny

Donnerstag , 16.05

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Freitag , 17.05

09:10 - 10:05

Power Yoga
Yinny

17:45 - 18:40

Pump
Renate

Samstag , 18.05

Sonntag , 19.05

10:00 - 10:55

Functional Workout
Nicole