

Montag , 27.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Dienstag , 28.11

18:00 - 18:30

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mittwoch , 29.11

17:50 - 18:45

Pilates
Cynthia

17:50 - 18:45

Pilates
Karin

19:00 - 19:55

Pump
Marina

Donnerstag , 30.11

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Freitag , 01.12

09:10 - 10:05

Power Yoga
Yinny

Samstag , 02.12

Sonntag , 03.12

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Cynthia