

Montag , 06.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Angela

19:10 - 20:05

Zumba
Karin

Dienstag , 07.11

18:00 - 18:30

Functional Workout
Marina

18:30 - 19:25

TRX
Marina

Mittwoch , 08.11

17:50 - 18:45

Power Yoga
Yinny

19:00 - 19:55

Pump
Marina

Donnerstag , 09.11

18:00 - 18:55

TRX
Janine

19:10 - 20:05

Zumba
Karin

Freitag , 10.11

09:10 - 10:05

Power Yoga
Yinny

Samstag , 11.11

Sonntag , 12.11

10:00 - 10:55

Functional Workout
Marina