

### Montag , 30.10

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Angela

**19:10 - 20:05**

*Zumba*  
Karin

### Dienstag , 31.10

**18:00 - 18:55**

*Functional Workout*  
Marina

**18:30 - 19:25**

*TRX*  
Marina

### Mittwoch , 01.11

**17:50 - 18:45**

*Pilates*  
Cynthia

**19:00 - 19:55**

*Pump*  
Marina

### Donnerstag , 02.11

**18:00 - 18:55**

*TRX*  
Janine

**19:10 - 20:05**

*Zumba*  
Karin

### Freitag , 03.11

**09:10 - 10:05**

*Power Yoga*  
Yinny

### Samstag , 04.11

### Sonntag , 05.11

**10:00 - 10:55**

*Zumba*  
Karin