

Montag , 30.12

18:30 - 19:00

P.I.I.T
Nadine

19:15 - 20:10

Kick Power
Nadine

Dienstag , 31.12

09:15 - 10:10

Power Yoga
Ines

Mittwoch , 01.01

Donnerstag , 02.01

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Atilla

Freitag , 03.01

08:15 - 09:10

Power Yoga
Katrin

18:30 - 19:25

Zumba
Padhy

Samstag , 04.01

10:00 - 10:30

Simply Core
Noy

10:45 - 11:40

Pump
Noy

Sonntag , 05.01

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Marion