

Montag , 16.12

18:30 - 19:00

P.I.I.T
Atilla

19:15 - 20:10

Kick Power
Atilla

Dienstag , 17.12

09:15 - 10:10

Power Yoga
Ines

18:30 - 19:25

Zumba
Petra

19:45 - 20:15

P.I.I.T
Dario

Mittwoch , 18.12

18:00 - 18:55

Power Yoga
Ines

19:00 - 19:55

Pump
Marion

Donnerstag , 19.12

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Freitag , 20.12

08:15 - 09:10

Power Yoga
Agnes

18:30 - 19:25

Zumba
Padhy

Samstag , 21.12

10:00 - 10:30

Simply Core
Atilla

10:45 - 11:40

Functional Workout
Atilla

Sonntag , 22.12

09:30 - 10:25

Step Aerobic
Marion

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Marion