

Montag , 25.11

18:30 - 19:00

P.I.I.T
Atilla

19:15 - 20:10

Kick Power
Atilla

Dienstag , 26.11

09:15 - 10:10

Power Yoga
Ines

18:30 - 19:25

Zumba
Melanie

19:45 - 20:15

P.I.I.T
Debi

Mittwoch , 27.11

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

Pump
Marion

Donnerstag , 28.11

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Freitag , 29.11

08:15 - 09:10

Power Yoga
Agnes

18:30 - 19:25

Zumba
Padhy

Samstag , 30.11

10:00 - 10:30

Simply Core
Noy

10:45 - 11:40

Pump
Noy

Sonntag , 01.12

09:30 - 10:25

Step'n Tone
Dario

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario