

Montag , 28.10

18:30 - 19:00

P.I.I.T
Atilla

19:15 - 20:10

Kick Power
Atilla

Dienstag , 29.10

09:15 - 10:10

Power Yoga
Ines

18:30 - 19:25

Zumba
Petra

19:45 - 20:15

P.I.I.T
Atilla

Mittwoch , 30.10

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Randall

Donnerstag , 31.10

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Freitag , 01.11

08:15 - 09:10

Power Yoga
Ines

18:30 - 19:25

Zumba
Padhy

Samstag , 02.11

10:00 - 10:30

Simply Core
Noy

10:45 - 11:40

Pump
Noy

Sonntag , 03.11

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally