

Montag , 16.09

09:15 - 10:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:30 - 19:00

P.I.I.T
Atilla

19:15 - 20:10

Kick Power
Atilla

Dienstag , 17.09

09:15 - 10:10

Power Yoga
Ines

18:30 - 19:25

Zumba
Tanja

19:45 - 20:15

P.I.I.T
Dario

Mittwoch , 18.09

12:15 - 13:10

Power Yoga
Agnes

18:00 - 18:55

Pilates
Angela

19:00 - 19:55

Pump
Marion

Donnerstag , 19.09

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

Freitag , 20.09

18:30 - 19:25

Step Aerobic
Padhy

Samstag , 21.09

10:00 - 10:30

Simply Core
Marion

10:45 - 11:40

Pump
Marion

Sonntag , 22.09

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Dario