

Montag , 25.12

Dienstag , 26.12

09:15 - 10:10

Power Yoga
Ines

Mittwoch , 27.12

12:15 - 13:10

Power Yoga
Ines

18:00 - 18:55

Pilates
Ines

19:00 - 19:55

Pump
Marion

Donnerstag , 28.12

09:15 - 10:10

Zumba
Padhy

18:30 - 19:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Freitag , 29.12

18:30 - 19:25

Step Aerobic
Padhy

Samstag , 30.12

10:00 - 10:30

Simply Core
Marion

10:45 - 11:40

Pump
Marion

Sonntag , 31.12

10:30 - 11:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Marion