

### Montag , 11.12

#### 09:15 - 10:10

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

#### 19:15 - 20:10

*Kick Power*  
Jennifer

### Dienstag , 12.12

#### 18:30 - 19:25

*Zumba*  
Tanja

#### 19:45 - 20:15

*P.I.I.T*  
Dario

### Mittwoch , 13.12

#### 12:15 - 13:10

*Power Yoga*  
Agnes

#### 18:00 - 18:55

*Power Yoga*  
Agnes

#### 19:00 - 19:55

*Pump*  
Marion

### Donnerstag , 14.12

#### 09:15 - 10:10

*Zumba*  
Padhy

#### 18:30 - 19:25

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

#### 19:30 - 20:25

*Functional Workout*  
Sabine

### Freitag , 15.12

#### 18:30 - 19:25

*Step Aerobic*  
Padhy

### Samstag , 16.12

#### 10:00 - 10:30

*Simply Core*  
Yvonne

#### 10:45 - 11:40

*Pump*  
Yvonne

### Sonntag , 17.12

#### 10:30 - 11:25

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Dario