

### Montag , 16.10

#### 09:15 - 10:10

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

#### 19:15 - 20:10

*Kick Power*  
Jennifer

### Dienstag , 17.10

#### 18:30 - 19:25

*Zumba*  
Tanja

#### 19:45 - 20:15

*P.I.I.T*  
Dario

### Mittwoch , 18.10

#### 18:00 - 18:55

*Pilates*  
Angela

#### 19:00 - 19:55

*Pump*  
Marion

### Donnerstag , 19.10

#### 09:15 - 10:10

*Zumba*  
Padhy

#### 18:30 - 19:25

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

#### 19:30 - 20:25

*Deep Work*  
Noy

### Freitag , 20.10

#### 18:30 - 19:25

*Step Aerobic*  
Padhy

### Samstag , 21.10

#### 10:00 - 10:30

*Simply Core*  
Noy

#### 10:45 - 11:40

*Pump*  
Noy

### Sonntag , 22.10

#### 10:30 - 11:25

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Marion