

Montag , 07.04

09:05 - 10:00

Full Body Workout
Nicole

10:15 - 11:10

Pilates
Anna

12:15 - 13:10

Yoga
Fabienne

18:00 - 18:30

P.I.I.T
Myrta

18:35 - 19:05

Simply Core
Myrta

20:00 - 20:55

Pump
Darina

Dienstag , 08.04

09:15 - 10:10

Pilates
Dominique

19:00 - 19:55

Cycling
Patrik

Mittwoch , 09.04

09:15 - 09:40

Simply Core
Romana

09:50 - 10:20

P.I.I.T
Romana

12:15 - 12:40

P.I.I.T
Myrta

12:45 - 13:10

Simply Core
Myrta

19:00 - 19:55

Mobility & Strength
Marion

Donnerstag , 10.04

09:30 - 10:25

Yoga
Fabienne

18:00 - 18:55

Zumba
Andrea

18:30 - 19:25

Cycling
Patrik

19:00 - 19:55

Pilates
Dominique

Freitag , 11.04

08:15 - 08:45

P.I.I.T
Dominique

08:50 - 09:20

Simply Core
Dominique

Samstag , 12.04

Sonntag , 13.04