

**Montag , 03.02**

**09:15 - 10:10**

*Full Body Workout*  
Nicole

**10:15 - 11:10**

*Pilates*  
Anna

**12:15 - 13:10**

*Yoga*  
Fabienne

**18:00 - 18:30**

*P.I.I.T*  
Myrta

**18:35 - 19:05**

*Simply Core*  
Myrta

**20:00 - 20:55**

*Pump*  
Darina

**Dienstag , 04.02**

**09:15 - 10:10**

*Pilates*  
Dominique

**19:00 - 19:55**

*Cycling*  
Patrik

**Mittwoch , 05.02**

**09:15 - 09:40**

*Simply Core*  
Romana

**09:50 - 10:20**

*P.I.I.T*  
Romana

**12:15 - 13:10**

*Pump*  
Darina

**19:00 - 19:55**

*Mobility & Strength*  
Marion

**Donnerstag , 06.02**

**09:30 - 10:25**

*Yoga*  
Fabienne

**18:00 - 18:55**

*Zumba*  
Andrea

**18:30 - 19:25**

*Cycling*  
Patrik

**19:00 - 19:55**

*Pilates*  
Dominique

**Freitag , 07.02**

**08:15 - 09:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Nicole

**Samstag , 08.02**

**Sonntag , 09.02**