

Montag , 28.04

18:30 - 19:25

Zumba
Gabriela

Dienstag , 29.04

10:00 - 10:55

Yoga
Pedro

17:45 - 18:40

Bodycombat
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mittwoch , 30.04

09:30 - 10:25

Functional Workout
Monica

10:35 - 11:05

P.I.I.T
Monica

18:00 - 18:45

TRX
Nancy

19:00 - 19:55

Functional Workout
Nancy

Donnerstag , 01.05

18:00 - 18:55

Pump
Ruth

Freitag , 02.05

Samstag , 03.05

Sonntag , 04.05