

Montag , 21.04

Dienstag , 22.04

10:00 - 10:55 <i>Yoga</i> Pedro	17:45 - 18:40 <i>Bodycombat</i> Sonia	18:45 - 19:40 <i>Bodybalance</i> Sonia
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Mittwoch , 23.04

09:30 - 10:25 <i>Functional Workout</i> Monica	10:35 - 11:05 <i>P.I.I.T</i> Monica	18:00 - 18:45 <i>TRX</i> Nancy	19:00 - 19:55 <i>Functional Workout</i> Nancy
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Donnerstag , 24.04

18:00 - 18:55 <i>Pump</i> Ruth

Freitag , 25.04

09:00 - 09:55 <i>Functional Workout</i> Nadia	10:00 - 10:55 <i>Pilates</i> Nadia
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Samstag , 26.04

Sonntag , 27.04