

Montag , 02.12

18:30 - 19:25

Zumba
Gabriela

Dienstag , 03.12

10:00 - 10:55

Yoga
Pedro

17:45 - 18:40

Bodycombat
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mittwoch , 04.12

09:00 - 09:55

Functional Workout
Beatrice

18:15 - 18:45

TRX
Nancy

19:00 - 19:55

Functional Workout
Nancy

Donnerstag , 05.12

18:00 - 18:55

Pump
Ruth

Freitag , 06.12

09:00 - 09:55

Functional Workout
Barbara

Samstag , 07.12

Sonntag , 08.12