

### Montag , 11.11

**18:30 - 19:25**

*Zumba*  
Gabriela

### Dienstag , 12.11

**10:00 - 10:55**

*Yoga*  
Pedro

**17:45 - 18:40**

*Bodycombat*  
Sonia

**18:45 - 19:40**

*Bodybalance*  
Sonia

### Mittwoch , 13.11

**18:15 - 18:45**

*TRX*  
Nancy

**19:00 - 19:55**

*Functional Workout*  
Nancy

### Donnerstag , 14.11

**18:00 - 18:55**

*Pump*  
Ruth

### Freitag , 15.11

**09:00 - 09:55**

*Functional Workout*  
Nadia

### Samstag , 16.11

### Sonntag , 17.11