

Montag , 20.05

18:30 - 19:25

Zumba
Gabriela

Dienstag , 21.05

17:45 - 18:40

Bodycombat
Sonia

18:45 - 19:40

Bodybalance
Sonia

Mittwoch , 22.05

09:00 - 09:55

Functional Workout
Nancy

18:15 - 18:45

TRX
Nancy

19:00 - 19:55

Functional Workout
Nancy

Donnerstag , 23.05

18:00 - 18:55

Pump
Ruth

Freitag , 24.05

09:00 - 09:55

Functional Workout
Nancy

Samstag , 25.05

Sonntag , 26.05