

### Montag , 15.04

#### 09:00 - 09:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Nancy

#### 18:30 - 19:25

*Zumba*  
Daniela

### Dienstag , 16.04

#### 17:45 - 18:40

*Kick Power*  
Sonia

#### 18:45 - 19:40

*Bodybalance*  
Sonia

### Mittwoch , 17.04

#### 09:00 - 09:55

*Functional Workout*  
Nancy

#### 18:15 - 18:45

*TRX*  
Nancy

#### 19:00 - 19:55

*Functional Workout*  
Nancy

### Donnerstag , 18.04

#### 18:00 - 18:55

*Pump*  
Ruth

### Freitag , 19.04

#### 09:00 - 09:55

*Functional Workout*  
Nancy

### Samstag , 20.04

### Sonntag , 21.04