

### Montag , 30.10

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Nancy

**18:30 - 19:25**

*Zumba*  
Gabriela

### Dienstag , 31.10

**17:45 - 18:40**

*Kick Power*  
Sonia

**18:45 - 19:40**

*Bodybalance*  
Sonia

### Mittwoch , 01.11

**09:00 - 09:55**

*Functional Workout*  
Nancy

**19:00 - 19:55**

*Functional Workout*  
Nancy

### Donnerstag , 02.11

**18:00 - 18:55**

*Pump*  
Asena

### Freitag , 03.11

**09:00 - 09:55**

*Functional Workout*  
Nancy

### Samstag , 04.11

### Sonntag , 05.11