

Montag , 23.12

08:00 - 08:55 <i>Spiralkraft</i> Monika	09:10 - 10:05 <i>Dance Step</i> Christina	09:15 - 09:45 <i>Senioren Cycling</i> Daniela	18:00 - 18:55 <i>Pump</i> Sandra	18:00 - 18:55 <i>Cycling</i> Ralph	19:00 - 19:55 <i>Kick Power</i> Irene	19:00 - 19:55 <i>Cycling</i> Ralph	20:10 - 21:05 <i>Pilates</i> Monika
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Dienstag , 24.12

Mittwoch , 25.12

Donnerstag , 26.12

09:30 - 11:00 <i>Pump Special</i> Irene
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Freitag , 27.12

09:15 - 10:10 <i>Yoga</i> Tatjana	10:15 - 11:10 <i>Dance Step</i> Margarita	18:00 - 18:55 <i>Zumba</i> Leidy	19:15 - 20:10 <i>Yoga</i> Nina
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Samstag , 28.12

09:30 - 10:30 <i>P.I.I.T Special</i> Irene

Sonntag , 29.12

09:00 - 09:55 <i>Cycling</i> Team	10:00 - 10:55 <i>Zumba</i> Angela
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