

Montag , 29.07

08:00 - 08:55

Spiralkraft
Monika

09:10 - 10:05

Dance Step
Christina

18:00 - 18:55

Pump
Sandra

19:00 - 19:55

Kick Power
Irene

20:10 - 21:05

Pilates
Monika

Dienstag , 30.07

10:35 - 11:30

Rückengym Physio
Bernadette

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Monika

20:00 - 20:55

Zumba
Angela

Mittwoch , 31.07

10:10 - 11:05

Pilates
Katja

19:00 - 19:55

Pump
Irene

20:10 - 21:05

Yoga
Tatjana

Donnerstag , 01.08

Freitag , 02.08

09:15 - 10:10

Yoga
Tatjana

Samstag , 03.08

Sonntag , 04.08