

Montag , 22.07

08:00 - 08:55

Spiralkraft
Monika

09:10 - 10:05

Dance Step
Christina

18:00 - 18:55

Pump
Sandra

19:00 - 19:55

Fighttime 55'
Vivienne

20:10 - 21:05

Pilates
Monika

Dienstag , 23.07

10:35 - 11:30

Rückengym Physio
Agnes

19:00 - 19:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Monika

20:00 - 20:55

Zumba
Angela

Mittwoch , 24.07

10:10 - 11:05

Pilates
Vasiliki

19:00 - 19:55

Pump
Sandra

20:10 - 21:05

Yoga
Tatjana

Donnerstag , 25.07

09:10 - 10:05

Pump
Claudia

10:20 - 11:15

Spiralkraft
Monika

19:00 - 19:30

P.I.I.T
Vivienne

19:35 - 20:05

Simply Core
Vivienne

20:10 - 21:05

Pilates
Monika

Freitag , 26.07

09:15 - 10:10

Yoga
Tatjana

Samstag , 27.07

Sonntag , 28.07