

Montag , 17.07

08:00 - 08:55

Spiralkraft
Monika

18:00 - 18:55

Pump
Sandra

19:00 - 19:55

Kick Power
Irene

20:10 - 21:05

Pilates
Monika

Dienstag , 18.07

09:10 - 09:40

P.I.I.T
Irene

09:40 - 10:10

BBP Special
Irene

19:00 - 19:55

*BBP (Bauch, Beine,
Po) / Bodytone*
Monika

20:10 - 21:05

Zumba
Andrea

Mittwoch , 19.07

10:10 - 11:05

Pilates
Vasiliki

19:00 - 19:55

Pump
Irene

Donnerstag , 20.07

10:20 - 11:15

Spiralkraft
Monika

19:00 - 19:30

P.I.I.T
Vivienne

19:35 - 20:05

Simply Core
Vivienne

20:10 - 21:05

Pilates
Monika

Freitag , 21.07

09:50 - 10:45

Yoga
Muhammed

Samstag , 22.07

Sonntag , 23.07

10:00 - 10:55

Zumba
Andrea