

Montag , 19.08

08:00 - 08:55

Pump
Manu

09:05 - 10:00

Functional Workout
Manu

10:00 - 10:30

Simply Core
Manu

12:00 - 12:55

Pump
Manu

19:00 - 20:00

Functional Workout
Erika

Dienstag , 20.08

09:00 - 09:55

Yoga
Jeannette

19:00 - 19:30

P.I.I.T
Carmen

Mittwoch , 21.08

08:00 - 08:55

Pump
Manu

09:05 - 10:00

Fitboxe
Manu

10:05 - 11:00

Pilates
Manu

19:00 - 19:55

Pump
Erika

Donnerstag , 22.08

18:00 - 18:55

Yoga
Tatjana

19:00 - 19:30

P.I.I.T
Tatjana

19:30 - 20:00

Simply Core
Tatjana

Freitag , 23.08

08:00 - 08:55

Rückengymnastik
Manu

09:05 - 10:00

Pump
Manu

17:30 - 18:25

Pump
Erika

Samstag , 24.08

Sonntag , 25.08