

**Montag , 25.12**

**09:30 - 11:00**

*Pump meets P.i.i.t*  
Manu

**Dienstag , 26.12**

**Mittwoch , 27.12**

**08:00 - 08:55**

*Pump*  
Manu

**09:05 - 10:00**

*Fitboxe*  
Manu

**10:05 - 11:00**

*Pilates*  
Manu

**18:00 - 18:55**

*Cycling*  
David

**19:00 - 19:55**

*Pump*  
Erika

**Donnerstag , 28.12**

**18:00 - 18:55**

*Pilates*  
Monica

**19:00 - 19:55**

*Functional Workout*  
Monica

**Freitag , 29.12**

**08:00 - 08:55**

*Rückengymnastik*  
Manu

**09:05 - 10:00**

*Pump*  
Manu

**17:30 - 18:25**

*Pump*  
Melanie

**Samstag , 30.12**

**09:00 - 10:50**

*Pump meets P.i.i.t*  
Manu

**Sonntag , 31.12**