

**Montag , 20.02**

<b>08:00 - 08:55</b> <i>Pump</i> Manu	<b>09:05 - 10:00</b> <i>Functional Workout</i> Manu	<b>10:00 - 10:30</b> <i>Simply Core</i> Manu	<b>12:00 - 12:55</b> <i>Pump</i> Manu	<b>18:00 - 18:55</b> <i>Cycling</i> Patrick	<b>19:00 - 19:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Monica	<b>20:05 - 21:00</b> <i>Yoga</i> Franziska
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**Dienstag , 21.02**

<b>09:00 - 09:55</b> <i>Yoga</i> Jeannette	<b>19:05 - 20:00</b> <i>Fitboxe</i> Rebecca
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**Mittwoch , 22.02**

<b>08:00 - 08:55</b> <i>Pump</i> Manu	<b>09:05 - 10:00</b> <i>Fitboxe</i> Manu	<b>18:00 - 18:55</b> <i>Cycling</i> Ruedi	<b>19:00 - 19:55</b> <i>Pump</i> Erika
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**Donnerstag , 23.02**

<b>18:00 - 18:55</b> <i>Pilates</i> Monica	<b>19:00 - 19:55</b> <i>Functional Workout</i> Monica
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**Freitag , 24.02**

<b>08:00 - 08:55</b> <i>Rückengymnastik</i> Manu	<b>09:05 - 10:00</b> <i>Pump</i> Manu	<b>17:30 - 18:25</b> <i>Pump</i> Erika
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**Samstag , 25.02**

<b>09:00 - 09:55</b> <i>Pilates</i> Monica
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**Sonntag , 26.02**