

Montag , 26.12

Dienstag , 27.12

18:00 - 18:55

Pilates
Petra

19:05 - 20:00

Fitboxe
Rebecca

Mittwoch , 28.12

08:00 - 08:55

Pump
Erika

09:05 - 10:00

Fitboxe
Rahel

18:00 - 18:55

Cycling
Ruedi

19:00 - 19:55

Pump
Erika

Donnerstag , 29.12

18:00 - 18:55

Pilates
Monica

19:00 - 19:55

Functional Workout
Monica

Freitag , 30.12

08:00 - 08:55

Rückengymnastik
Vicky

09:05 - 10:00

Pump
Vicky

17:30 - 18:25

Pump
Erika

Samstag , 31.12

Sonntag , 01.01