

Montag , 26.12

Dienstag , 27.12

**18:00 - 18:55**

*Pilates*  
Petra

**19:05 - 20:00**

*Fitboxe*  
Rebecca

Mittwoch , 28.12

**08:00 - 08:55**

*Pump*  
Erika

**09:05 - 10:00**

*Fitboxe*  
Rahel

**18:00 - 18:55**

*Cycling*  
Ruedi

**19:00 - 19:55**

*Pump*  
Erika

Donnerstag , 29.12

**18:00 - 18:55**

*Pilates*  
Monica

**19:00 - 19:55**

*Functional Workout*  
Monica

Freitag , 30.12

**08:00 - 08:55**

*Rückengymnastik*  
Vicky

**09:05 - 10:00**

*Pump*  
Vicky

**17:30 - 18:25**

*Pump*  
Erika

Samstag , 31.12

Sonntag , 01.01