

Montag , 07.04

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Eveline

19:05 - 20:00

Fitboxe
Eveline

Dienstag , 08.04

18:30 - 19:25

Pump
Nadine

19:30 - 20:25

Pilates
Jessica

Mittwoch , 09.04

18:00 - 18:55

Interval Training
Eveline

19:05 - 20:00

Fitboxe
Eveline

Donnerstag , 10.04

09:30 - 10:25

Pilates
Aiyana

18:20 - 18:50

Full Body Workout
Eveline

19:00 - 19:55

Zumba
Maria Pia

Freitag , 11.04

Samstag , 12.04

Sonntag , 13.04