

Montag , 06.01

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Madlaina

19:05 - 20:00

Fitboxe
Eveline

Dienstag , 07.01

18:00 - 18:55

Pump
Madlaina

Mittwoch , 08.01

18:00 - 18:55

Interval Training
Team

19:05 - 20:00

Fitboxe
Eveline

Donnerstag , 09.01

09:30 - 10:25

Pilates
Cordelia

18:20 - 18:50

Full Body Workout
Eveline

19:00 - 19:55

Zumba
Maria Pia

Freitag , 10.01

Samstag , 11.01

Sonntag , 12.01