

Montag , 06.11

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Madlaina

19:05 - 20:00

Fitboxe
Eveline

Dienstag , 07.11

18:00 - 18:55

Pump
Madlaina

19:00 - 19:55

Functional Workout
Madlaina

Mittwoch , 08.11

17:55 - 18:25

P.I.I.T
Luana

18:25 - 18:55

Simply Core
Luana

19:05 - 20:00

Fitboxe
Eveline

Donnerstag , 09.11

09:30 - 10:25

Pilates
Cordelia

19:00 - 19:55

Zumba
Patricia

Freitag , 10.11

Samstag , 11.11

Sonntag , 12.11