

Montag , 14.04

08:30 - 09:25 <i>Pump</i> Cecilia	12:10 - 13:05 <i>Pilates</i> Francesca Serena	13:30 - 14:25 <i>Rückenfit</i> Francesca Serena	18:00 - 18:55 <i>Functional Workout</i> Diana Patricia	20:00 - 20:55 <i>Yoga</i> Anya
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Dienstag , 15.04

09:00 - 09:55 <i>Pilates</i> Francesca Serena	17:50 - 18:45 <i>Rückenfit</i> Angelina	19:00 - 19:55 <i>Zumba</i> Sabrina	20:10 - 21:05 <i>Pump</i> Mariella
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Mittwoch , 16.04

08:30 - 09:25 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Karin	09:30 - 10:25 <i>Yoga</i> Anya	18:00 - 18:55 <i>Pilates</i> Francesca Serena
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Donnerstag , 17.04

09:00 - 09:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Marlene	10:00 - 10:55 <i>Pilates</i> Marlene	18:00 - 18:55 <i>Functional Workout</i> Mariella	18:35 - 19:05 <i>P.I.I.T</i> Mariella	19:45 - 20:40 <i>Yoga</i> Karin
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Freitag , 18.04

10:00 - 10:55 <i>Yoga Special</i> Dana

Samstag , 19.04

10:15 - 11:45 <i>Yoga Special</i> Anya

Sonntag , 20.04

10:00 - 10:55 <i>BBP Special</i> Lena
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