

**Montag , 30.09**

<b>08:30 - 09:25</b> <i>Pump</i> Cecilia	<b>12:10 - 13:05</b> <i>Pilates</i> Brigitta	<b>13:30 - 14:25</b> <i>Rückenfit</i> Angelina	<b>18:00 - 18:55</b> <i>Circuit Training</i> Angelina	<b>20:00 - 20:55</b> <i>Yoga</i> Anya
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**Dienstag , 01.10**

<b>09:00 - 09:55</b> <i>Pilates</i> Brigitta	<b>17:50 - 18:45</b> <i>Rückenfit</i> Angelina	<b>19:00 - 19:55</b> <i>Zumba</i> Mariella	<b>20:10 - 21:05</b> <i>Pump</i> Mariella
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**Mittwoch , 02.10**

<b>08:30 - 09:25</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Karin	<b>09:30 - 10:25</b> <i>Yoga</i> Anya	<b>18:00 - 18:55</b> <i>Pilates</i> Angelina
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**Donnerstag , 03.10**

<b>09:00 - 09:55</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Renata	<b>10:00 - 10:55</b> <i>Pilates</i> Marlene	<b>18:00 - 18:30</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Mariella	<b>18:45 - 19:15</b> <i>P.I.I.T</i> Mariella
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**Freitag , 04.10**

<b>10:00 - 10:55</b> <i>Rückenfit</i> Marlene	<b>17:30 - 18:25</b> <i>Pump</i> Karin
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**Samstag , 05.10**

<b>09:30 - 10:00</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Lena	<b>10:15 - 11:45</b> <i>Yoga</i> Franziska
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**Sonntag , 06.10**

<b>09:15 - 10:10</b> <i>Yoga</i> Dana	<b>10:30 - 11:00</b> <i>P.I.I.T</i> Michael	<b>11:15 - 12:10</b> <i>Zumba</i> Uriel
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